

# FOODS OF MINIMAL NUTRITIONAL VALUE



**Soda**



**Water ices – Those water ices which contain 100% fruit or fruit juices are permitted.**



**Chewing gum**

**All Forms of Candy including but not limited to:**



**Chocolate:** Bars, kisses, etc. Any chocolate that is in candy form. Chocolate pudding, yogurt, ice cream, brownies, cookies, chocolate cakes and things made with baking type chocolates are permitted.



**Hard Candy:** Includes such food as sour balls, fruit balls, candy sticks, lollipops, starlight mints, after dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints, jaw breakers and cough drops.



**Jellies and Gums:** Includes such foods as gum drops, jelly beans, jellied and fruit-flavored slices.



**Marshmallow Candies**



**Fondant:** Includes such foods as candy corn and soft mints.



**Licorice**



**Spun Candy**



**Candy Coated Popcorn**

**The above foods are considered by USDA Regulation the New Jersey State Administrative Code and East Brunswick Public Schools as “foods of minimal nutritional value” and cannot be sold or given away on school property at any time during the academic day.**